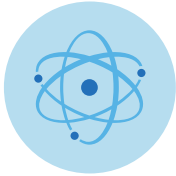




### A NON-DRUG APPROACH TO MANAGING ADHD

Vayarin<sup>®</sup> Plus is not a drug or a supplement. It is a medical food that is specially designed to provide important nutrients to the brain to manage specific lipid deficiencies associated with ADHD in adults and adolescents.



### SOLID SCIENCE

Vayarin<sup>®</sup> Plus, the extra-strength form of Vayarin<sup>®</sup>, was studied in a multi-center, double-blind, placebo controlled, randomized clinical study in 189 adults with ADHD. Vayarin<sup>®</sup> Plus was clinically shown to improve global ADHD behaviors, including inattention and task monitoring.



### ALL DAY COVERAGE



Vayarin<sup>®</sup> Plus, taken once daily, works around the clock to help manage ADHD.

**TALK TO YOUR HEALTH CARE PROVIDER ABOUT VAYARIN<sup>®</sup> PLUS**



As a medical food, Vayarin<sup>®</sup> Plus is intended to be taken under medical supervision. Tell your doctor or healthcare provider that you are using Vayarin<sup>®</sup> Plus. Vayarin<sup>®</sup> Plus is not intended for use in children.



**VAYARIN<sup>®</sup>**  
**PLUS+**

EXTRA STRENGTH CAPSULES

Medical food for the dietary  
management of ADHD in adults  
and adolescents

**\$20 OFF**

**FIRST BOTTLE\***

**COUPON CODE: \$20FIRSTBOTTLE**

VAYA<sup>™</sup> Direct is a service available to patients who order VAYA<sup>™</sup> Pharma products, including Vayarin<sup>®</sup> Plus. This convenient service allows you to receive Vayarin<sup>®</sup> Plus affordably and efficiently shipped directly to your door

**GO ONLINE AND ORDER TODAY**

**vayadirect.com**

**844-4-VDIRECT (844-483-4732)**

**\*Offer available only on new orders and for 180-capsule bottle only. Free standard shipping. Must be 18 years or older to order. Offer only available through VAYA<sup>™</sup> Direct.**

Vayarin<sup>®</sup> Plus is a medical food designed to address the lipid imbalances associated with ADHD and is for use under medical supervision.

## THE STRUGGLE

Having ADHD can be like trying to sing every song... all at once. You can feel inspired & overwhelmed, all at the same time.

Here's what having ADHD may look like:



### INATTENTION/DISORGANIZATION

- Inconsistent quality of schoolwork/work
- Poor planning
- Tardiness



### TASK MONITORING

- Not learning from mistakes/successes
- Poor goal orientation/achievement
- Difficulty managing processes
- Careless errors when completing tasks
- Trouble finishing tasks/work

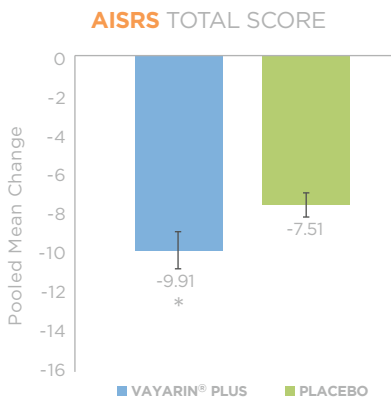


### SELF-CONTROL

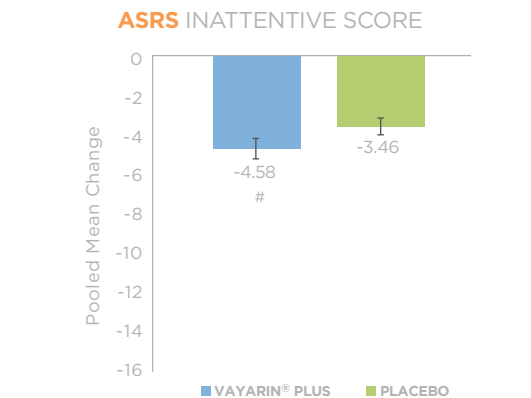
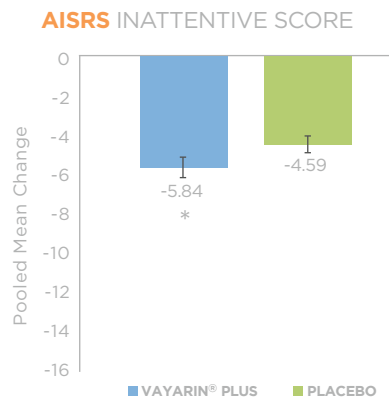
- Impulsive decisions
- Irritability
- Relationship issues
- Restlessness/fidgeting
- Interrupts during conversations

## IMPROVE GLOBAL ADHD BEHAVIORS AS WELL AS INATTENTION

MULTI-CENTER, RANDOMIZED, DOUBLE-BLIND, SEQUENTIAL PARALLEL COMPARISON DESIGN (SPCD) TRIAL (0-8WKS)  
 N= 189; AGED 18-60 ADMINISTERED EQUIVALENT OF 2 CAPSULES VAYARIN<sup>®</sup> PLUS PER DAY (450MG)



ADULT ADHD INVESTIGATOR SYMPTOM RATING SCALE (AISRS)



ADULT ADHD SELF-REPORT SCALE (ASRS)

\*p-value < 0.05  
 # p-value < 0.1

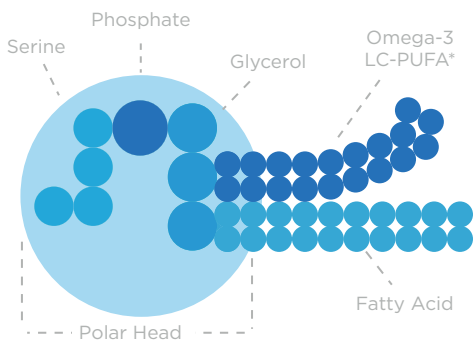
## HOW DOES VAYARIN<sup>®</sup> PLUS REALLY WORK?

### The Link Between FATS & ADHD.

Reduced levels of Omega-3s are associated with ADHD in adults and adolescents. While substantial changes in our diets and daily nutrition are part of the reason for these lipid imbalances, research shows that changing the diet alone cannot address the imbalance found in ADHD. Other factors play a more significant role, such as genetics, difficulty absorbing lipids and disturbances in breaking down fatty acids.

## YOUR BRAIN ON FATS

### Vayarin<sup>®</sup> Plus Composition (Phosphatidylserine-Omega-3, EPA enriched)



\*Long-chain polyunsaturated fatty acids

Vayarin<sup>®</sup> Plus's unique and patented structure is different from any other prescription or OTC product in the market. Via our special proprietary process we combine Phosphatidylserine (PS) and Omega-3, creating PS-Omega-3, a composition that is designed to specifically travel to the brain and provide vital nutrients needed to manage the complex lipid deficiencies associated with ADHD. Our preclinical study (animal model) showed that common Omega-3s and PS cannot penetrate the brain as efficiently as Vayarin<sup>®</sup> Plus due to the increased bioavailability of our composition.

## WORKS ALL DAY



## RESULTS TAKE TIME



Once Vayarin<sup>®</sup> Plus has built-up in the system, its active ingredients will work around the clock to help manage ADHD

Vayarin<sup>®</sup> Plus works as a building block in the brain, so consistent daily use is critical. Since lipid levels vary by patient, it can take up to 8 weeks to build up in the system. It is important to give Vayarin<sup>®</sup> Plus the time it needs to be effective.

Learn more and order at [vayadirect.com](http://vayadirect.com)

844-4-VDIRECT (844-483-4732)

[order@vaya-direct.com](mailto:order@vaya-direct.com)